

October

# FUEL for THOUGHT™

2015

A Free Monthly Newsletter From Your Friends At Joe Davis AutoSport

## Keep Your Finances Organized

Keeping your financial papers in order is satisfying, but it can be difficult to achieve. If you devote a few hours to getting organized, though, you'll save endless hours in the future. Start the right way with these tips:

- ✓ **Find a home for your papers.** Set up a home financial center where you store your bills and receipts, whether it's in the corner of your kitchen or a filing cabinet nearby. Use a space you go to often.
- ✓ **Determine what to keep and what to discard.** Generally, you can get rid of grocery receipts, credit card slips for non-tax deductible items, and ATM receipts you've already reconciled. Toss all your junk mail. Hold on to anything that's tax deductible, such as medical expenses and records of charitable contributions. Also keep insurance policies, investment purchase records, mortgage and property bills, and warranties and instructions.
- ✓ **Sort your papers.** Use four categories: bills, insurance policies and records, bank and brokerage statements, and other important documents. Then sort those papers into separate folders for each account, type of receipt, like transportation expenses or medical bills, and each insurance policy, etc. Toss the nonessentials.
- ✓ **Build a routine.** Spend 5 to 10 minutes a day maintaining your files. Open your mail near the trash bin. Circle the due date for your bills, and file them in the proper order. And file whatever you decide to keep in its proper folder.

### Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at

215-257-0204, Email us at [joe@joedavisautosport.com](mailto:joe@joedavisautosport.com), [nate@joedavisautosport.com](mailto:nate@joedavisautosport.com) Or visit us at [www.joedavisautosport.com](http://www.joedavisautosport.com)

## Stay Safe On The Scariest Night Of The Year

Children and parents alike enjoy Halloween, the costumes, and the candy, and the chance to spend some time together. Just remember to keep your young trick-or-treaters safe as you go door to door. Here are some tricks for collecting treats without danger:

- ❖ **Costumes.** Whether you buy your child a costume or make one, be sure it will be highly visible to cars and passersby. Bright colors and reflective tape will help youngsters show up on the dark streets.
- ❖ **Snacks.** Serve your kids dinner or a healthy snack (and eat something yourself) before going out. Children will be less likely to gorge themselves on the candy they collect if they're already full.
- ❖ **Props.** Masks are fun as long as they don't interfere with children's vision or obstruct their breathing when walking through the neighborhood. If their costumes include canes, toy swords, or any other sort of accessory, check that they're not too difficult to carry while walking or crossing the street.
- ❖ **Route.** Decide on a clear and safe path through your neighborhood before you go out. Accompany small children, and discuss safety with older kids going out as a group. Give them flashlights and a cell phone, and carry those yourself.
- ❖ **Inspection.** Go through the bags before children eat anything, and get rid of any candy that looks suspicious. Don't let kids consume too many goodies at once, ration the candy out over a few days or weeks so they don't make themselves sick.



### October Events

October 5th	World Teachers' Day
October 11th	Take Your Teddy Bear To Work Day
October 16th	Bosses Day
October 17th	Sweetest Day
October 24th	Make A Difference Day
October 31st	Halloween



## All Month Long: Trick Or Treat Halloween Special Only

# \$31.31



Oil Change & Filter



33 Point Courtesy Check



Lubricate Chassis



Expires 10/31/15  
Must Present Coupon  
Cannot Be Combined With Other Offers



Up To 5 Qts.  
Synthetic Extra

## Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Andrew Fallon, John Piancastelli, Kaleena Polachek, Janna Chanoux, Ashlee Landes, Bernard Suh, Marisa Deck, Cinie & Bill Gwynn, Andrew Konopelsky, Carolyn Hanel, Steve Cunningham, Peter Bokalo, Art Shreffler, Andy Cauffman, Ryan Sempowski, Leokadia & Kerrik Daniels, Chrys&Pete Poruczynski, Seth Reger, Corey Leslie, Cory Marks, Kayleich Hildebrand, Alberto Lamabrid, Maggie Czekay, Rich Brown, Frank Brancato & John Salemno**

## What's In A Job Title? A Lot Of Imagination

One way to add a little creativity to your workplace is to shake up job titles a little. Instead of "stock clerk" or "marketing assistant," follow the lead of these organizations that found interesting ways to identify employee roles (as reported on the Forbes website):

- \* **Houghton Mifflin Harcourt:** Director of First Impressions (receptionist)
- \* **InteQ Corp:** Crayon Evangelist (graphic designer)
- \* **Allen & Gerritsen:** Creator of Opportunities (business development)
- \* **Grasshopper:** Ambassador of Buzz (communications associate)
- \* **Apple Store:** Genius (service technician)



## Avoiding The Dentist? It May Cost You

Proper dental care is important to your overall health. Unfortunately, many of us tend to avoid visiting the dentist, often because of the cost.

A survey commissioned by Aspen Dental found that almost two out of five Americans have delayed needed dental work, or had it only partially performed, because of their financial situation. It's a figure that has jumped by almost 8 percent over the last two years, even though 80 percent say they're aware that staying away from the dentist will be more expensive in the long run.

## Control Your Appetite After The Workout

Does a good workout leave you feeling hungry for a snack, or a meal? Don't sabotage your exercise efforts. Remember these tips for dealing with the munchies:

- ★ **Drink some water.** Thirst sometimes masquerades as hunger. Take a drink of water or some other non-caloric beverage to rehydrate and fill your stomach.
- ★ **Plan ahead.** Prepare a healthy snack before your workout. Some fat-free yogurt or a tuna sandwich on whole-grain bread will fill you up without undoing the benefits of exercise.
- ★ **Eat before.** Have a modest meal 30-60 minutes before exercising. This can stave off pangs of hunger afterward.
- ★ **Slow down.** Take a more moderate approach to working out. You can get good results at a lower intensity, and you won't feel like you're starving afterward.



## Advice From Women At The Top Of Their Game

Women and men alike can benefit from the experience and advice of female celebrities who have achieved success. From The Cut website comes these words of wisdom from successful women in the entertainment industry:

- **Kelly Ripa:** "Somebody's negativity dumped on you is a bigger commentary on how they feel about themselves than you."
- **Susan Sarandon:** "You can always forgive yourself or apologize for things you do, but you can't ever work through things you wish you'd done and you didn't."
- **Chita Rivera:** "Take advantage of every opportunity that comes your way, with grace and humility. Be a sponge, and absorb and learn."
- **Dana Delany:** "Trust your instincts, but the caveat is you don't usually know what those are until you're much older."

## Quotes

"Success is finding satisfaction in giving a little more than you take."

- Christopher Reeve

# You Can Pick Your Service...



Not Valid With Other Offers

- ✓ Alignment Service
- ✓ Coolant Flush
- ✓ Brake Flush

# \$13.00 OFF

Expires 10/31/15





Happy Halloween!!!



*Thanks For The Kind Words*

**"Everyone there is awesome. Never feel like I am being taken advantage of like at the big dealerships."**

-Sandra

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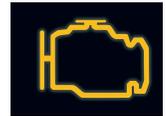
## Stash Some Cash, A Few Easy Ideas For Saving Money

Looking for ways to save a little money? Here are a few quick ideas that don't require very much thought or effort:

- ❖ **Empty your pockets.** Stash all loose change in a jar or piggy bank. You'll probably bank more than a dollar a day.
- ❖ **Use your coupons.** Remember to use coupons only for the things you would normally buy. Take the money you saved and stash it away. This could add up to almost \$2 a day.
- ❖ **Stash a dollar a wash.** Whenever you do a load of laundry, put a dollar in a jar. Use the accumulated cash for laundry detergent and utility bills.



## WHAT DO YOU KNOW ABOUT YOUR "CHECK ENGINE LIGHT"?



When you are driving along and your check engine light comes on- Do you know what to do? Should you immediately pull over to the side of the road, or should you keep driving because the engine seems to be purring right along without "skipping a beat"? Many people just don't know what to do. The check engine light actually means you may have something wrong with the emissions in your car. The 1996 and newer cars have many sensors that tell you whether the car's pollution system is not operating correctly. Actually your light should read; "check emissions system." Leaving your gas cap off while driving and or filling up at the gas pump with your car running can also cause the light to come on, but it is not catastrophic. If your light is "flashing" this could be more of a concern. We recommend you call us right away to stay safe and avoid unnecessary expense. Most always this means your engine has a "misfire" which could be causing damage to your catalytic converter, which can be a costly repair. A "flashing light" should definitely be a sooner than later appointment. It is important to have a professional look over your car and advise. It will not pass it's emission test at inspection time with the light on. It is always better to be safe than sorry. Call us 215-257-0204. We will be sure to give your car that necessary attention it needs, while answering any questions you may have.

# Wheel Alignment Special! Benefits To You:

Save **\$13.00**

We'll Inspect Suspension Components For Wear & Perform Wheel Alignment.



Better Gas Mileage,  
Longer Tire Life &  
Safer Driving!

Shims & Simulator Extra If Needed

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