

A Free Monthly Newsletter From Your Friends At Joe Davis AutoSport

True Names Of The Rich And Famous

The films of Archibald Leach are well-known classics: Arsenic and Old Lace, The Philadelphia Story, Notorious, the list goes on and on. You know Leach, of course, by his professional name: Cary Grant.



Actors don't change their names as often these days, but many celebrities appear under pseudonyms that don't match what's on their birth certificates. Here are a few you may know:

- ★ Nicolas Cage. Real name: Nicolas Kim Coppola. The nephew of noted film director Francis Ford Coppola, Cage changed his name to avoid any suspicion of nepotism as he began his career. The inspiration for his new name is said to be the Marvel Comics superhero Luke Cage.
- ★ Michael J. Fox. Real name: Michael Fox. The star of Family Ties and Back to the Future wasn't given a middle name at birth. He added the "J" when he was registering his professional name with the Screen Actors Guild and found that another actor was already using the name "Michael Fox."
- ★ David Bowie. Real name: David Robert Jones. Early in his musical career, the future Mr. Bowie used the name Davy Jones. Then the TV show The Monkees made another Davy Jones world famous. The name he chose is a reference to the Bowie knife, invented by James Bowie, one of the heroes of the Alamo.
- ★ Michael Keaton. Real name: Michael Douglas. Ever wonder why you never see these two famous actors together? Actually, they're not the same person. Like Fox, the future Batman had to change his name because his birth name was already taken by another actor, the future star of Fatal Attraction and Basic Instinct.
- ★ Albert Brooks. Real name: Albert Einstein. Yes, the comedian's original surname was Einstein. To avoid being confused with the genius whose Theory of Relativity changed modern physics (or possibly just to avoid being made fun of), he changed his last name to Brooks inspired, reportedly, by comparison to comedian Mel Brooks.

Breakfast: Facts And Figures On Why To Eat It Every Day

Mother always told you that breakfast is the most important meal of the day. Not everyone listens to her advice, though. A recent National Eating Trends survey found that 31 million adults skip breakfast in the morning. Most of them are millennials, age 18-34.

Why eat breakfast? People who sit down to breakfast every day have a 20 percent lower risk of developing obesity, and a 19 percent lower risk of developing type 2 diabetes (according to a 2013 report from the University of Minnesota School of Public Health). And a 2012 study by



The Nutrition Society found that people 20-39 who eat a regular breakfast have lower cholesterol and are less likely to suffer from high blood pressure than those who dash out of the house with an empty stomach.

November Events

November 1st	National Author's Day
November 3rd	Sandwich Day
November 11th	Veterans Day
November 14th	World Diabetes Day
November 28th	Thanksgiving Day



MAKE SURE YOUR 4WD IS WORKING

Unless you go off-roading all year, it's a good idea to make sure everything is working correctly before winter begins.



Call us if you have any questions or concerns. We are happy to help you prepare.

SNOW IS RIGHT AROUND THE CORNER!!

Fall Special

Synthetic Oil Extra Expires 11/30/13 Must Present Coupon

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Cannot Be Combined With Other Offers

Welcome To Our New Customers!

Monika Lenz, Ralph Ascher, Oscar Lopez,
Peter Vanekelenburg, Scott Kantner, Phil Walter,
Roshiema Khan, Stephanie & Timothy Mc Menamin,
Tom & Dawn Mott, Andy & Kate Robison,
Sam & Francine Myers, Alex Kramme, Steve Verna,
Bill & Joan Russell, Frank Arcaro,
Scott Eder & Matt Carlin, Brian Schmidt,
Steve Tompkins, Steve Liozeaux & Emily Green.

Look At Work/Life Around The World

Where's the best place in the world to work? If you're thinking of relocating to another country (or just curious), check out this list from the Mother Earth Network website:

- ◆ Bulgaria: 410 days of paid maternity leave, at 90 percent of salary.
- ◆ Brazil: Legally mandated 41 days of paid time off (30 days of vacation plus 11 federal holidays).
- ◆ Finland: Up to 40 paid days off a year (30 days of legally mandated vacation, and 10 public holidays).
- ◆ Germany: 27.8-hour workweek.
- ◆ Netherlands: 27.6-hour workweek (along with 16 weeks of maternity leave at full pay).
- ◆ Norway: Parental leave of up to 57 weeks at 80 percent of salary, with 10 weeks specifically reserved for fathers.

Turn Your To-Do List Into A Delegation Worksheet

Not sure what to delegate? Try this simple exercise: Make a to-do list of all your regular duties, the tasks you perform every day, week, or quarter. Then look at every item and decide if you can delegate it to an employee. Since they're all tasks you've done before, you'll have a good idea of how to instruct someone else to do them. You may find that you'll have to continue doing some tasks yourself. But the overall effect will be to give employees more responsibility and free up more of your own schedule.



Beat The Afternoon Slump Without Ruining Your Weight Loss Plan

Losing weight is difficult for most of us. Don't make it even harder by sabotaging your attempts as the day goes by. When the afternoon seems to stretch on forever, watch out for these poundage-adding pitfalls:

- Afternoon snacks. Don't starve yourself when you feel hungry at 3 p.m., but don't have another full meal, either. Remember that a "snack" is supposed to be just a snack. A few crackers or some fruit won't do the damage of a full bag of chips.
- Avoiding the gym. If you have the opportunity to work out during the day, resist the urge to skip it because you're too busy or too tired. "Just for today" can too easily turn into long-term laziness.
- The neighborhood coffee shop. That fancy coffee drink is loaded with calories that you don't need and the shop is probably full of tempting cookies, pastries, and other snacks as well. Stick to water to stay hydrated and full.



The King's Final Request

A mighty king lay dying, surrounded by his advisers and family. Recognizing the inevitable, they asked the monarch if he had any wishes for his funeral.

"Just three," the king said quietly. "First, I want my physicians to carry my coffin through the city. Second, as they carry me to my final resting place, I want some of the gold, silver, and precious gems I have collected during my life to be scattered along the path. Third, I want both my hands to hang outside my coffin."

The family assured him that his requests would be carried out. Then his youngest son leaned forward to ask why these wishes were so important.

The king whispered: "They represent the three greatest things I have learned in my life. First, that death comes to everyone, no matter how powerful a person is or how many fine doctors he or she has. The second wish shows that wealth is fleeting and means nothing after one has left this life. My third order will remind the people that I came into this world empty-handed, and after all my triumphs and conquests, I leave it the same way."

As he breathed his last, the king's family realized what had made him a wise and strong leader.



Veteran's Day

Expires 11/30/13
Excludes Oil Changes
Must Present Coupon & Valid ID
Cannot Be Combined With Other Offers

Our Veterans Appreciation Month Special

All Veteran's Will Receive \$11.11 OFF Any Service or Repair Performed With Us On Any Day During The Month of November



Congratulations To Our Client Of The Month!

JEAN TREFZ

Jean came to us many years ago as she was referred to us by one of her 11 children. That's right I said 11. Imagine that! (She must hear that often, I'm sure). She must be the busiest woman in Perkasio! To see her, you wouldn't believe she has that many kids-she looks great. She is sweet, caring, and always a delight. (as are her children we have met) Amazingly, not once have we not seen her without a smile on her face! ☺ We're thankful for the relationship that has grown and her loyalty to Joe Davis AutoSport. Jean and her husband Joe reside with their children in Perkasio. (some of them are grown and have moved out. Whew!! lol) God Bless!

Quote

"Dreams are what guide us, art is what defines us, math is what makes it all possible, and love is what lights our way."

- Mike Norton

Thanks For The Kind Words

"A big thank you for working so late on a Friday night to get my car right and for making me feel like an important customer. I know that you had issues with the BMW computer system but I had complete trust that the Joe Davis team would figure out how to get it right and be honest in the process. That is why I drive over 25 miles to bring not only my SAAB to you but my BMW as well. And, what a surprise when I pulled up today and saw my car gleaming in the sunlight, thank you for having it detailed, it looks amazing, so shiny and the wheels...well, they don't look like that often enough. You made me not only a very happy customer but a loyal one at that. Please share my thanks with Joe and the entire Joe Davis team."

-Rhonda

IT'S NOT JUNK IN THE TRUNK! IT'S FOR AN EMERGENCY!



A simple thing you can do to help combat the cold weather ahead is to gather and keep some essential supplies in your trunk just in case of an accident or breakdown this winter. Check your spare tire. Make sure it has air and it's good to go. Tools (vise grips, adjustable wrench, pliers, screw driver) to change a flat tire, tire jack and tire gauge, Bottle of engine oil, washer fluid, antifreeze, bottled water, ice scraper/brush, jumper cables, flashlights, flares, whistle, distress flag, nylon rope, tow chain, rags, spray bottle, cat litter or road salt, duct tape, pocket knife, pen & paper, battery powered radio, necessary medication, first aid kit, gloves, boots, warm blanket, newspaper (for warmth) cleans windows, paper towels, heavy duty trash bag, binoculars, hand/foot warmers, small shovel, pepper spray, sunblock, non perishable food such as nuts, energy/granola bar, jerky & dried fruit. It is peace of mind knowing you are keeping yourself and anyone traveling with you prepared and safe. Depending, it could be a life and death situation.

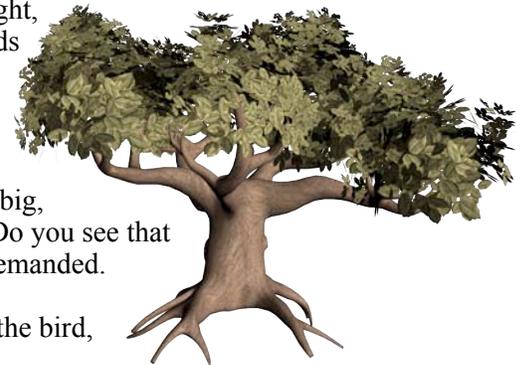
An Embarrassing Accident

A bird flapped to his nest with bruises all over his wings and body. Other birds in the tree noticed and asked him what had happened.

He didn't want to talk about it, but they kept up their chatter until he finally chirped, "All right, do you want to see what happened to me? I'll show you what happened to me!" He took flight, and the other birds followed him through the forest until he landed on the ground next to a big, thick oak tree. "Do you see that tree there?" he demanded.

"Yes! Yes!"

"Well," said the bird, "I didn't."



The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. For guidance on any specific matter, please consult a qualified professional. ©2013 RSC



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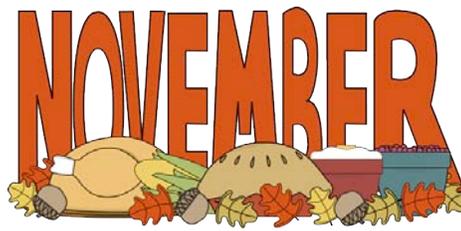
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What's Inside?

- Beat The Afternoon Slump -
- How To Turn Your To-Do List Into
A Delegation Worksheet -
- An Embarrassing Accident -
 - November Events -
 - Money Saving Offers -
- & Much More!



What's The Answer?



Who Is Nicolas Kim Coppola?

Is Breakfast Really The Most Important Meal Of The Day?

Where Is The Best Place In The World To Work?

What 3 Tips Can Help You Beat That Afternoon Slump?

*The Answers To These And Many
More Questions Are Inside*

